

CONFIDENTIAL PSYCHIATRIC DOCUMENT

Subject: Ethan Caulder DOB: July 14, 1986 Report Date: February 27, 2025
Report Type: Clinical Letter of Concern Prepared by: Dr. Melinda Rho, Ph.D.
Affiliation: **North Ridge Psychological Services, Lanesfield, VT**

CLINICAL CONCERN LETTER

To Whom It May Concern,

This letter serves to document recent clinical observations regarding patient Ethan Caulder, who has been under my care since November 2024, following referral due to increased occupational stress and reported anxiety symptoms.

I. Behavioral and Cognitive Observations

Over the past three sessions (February 6, 13, and 24, 2025), Mr. Caulder has exhibited the following symptoms and behaviors:

Persistent paranoia, primarily centered on the belief that he is under surveillance.

Repeated allegations that certain residents of Lanesfield are involved in a systemic effort to obstruct his work and possibly cause him harm.

While maintaining logical structure and articulate communication, Mr. Caulder demonstrates fixation on themes of corruption, betrayal, and personal risk.

No current evidence of hallucinations, disassociation, or delusional disorder was observed, though the intensity and recurrence of these suspicions are clinically concerning.

II. Risk Assessment

Mr. Caulder denies suicidal ideation or intent.

Reports sleep disturbances, heightened startle response, and increased isolation from peers.

Shows distrust of institutional systems, including law enforcement and clinical settings.

Refused psychiatric medication despite repeated discussion.

III. Clinical Judgment & Recommendation

Mr. Caulder presents as a high-functioning individual with focused investigative drive, but with elevated psychological vulnerability. The boundary between his professional work and perceived threats is becoming blurred.

I recommend immediate suspension from field-based investigative activity and further psychiatric evaluation, including possible neuropsychological assessment to rule out early-onset persecutory ideation or stress-induced delusion.

His current psychological state may impair his risk perception, decision-making, and self-protection behavior in high-stress environments. For his safety and the integrity of any investigation he is conducting, I advise temporary professional detachment and supportive monitoring.

Respectfully Submitted,

Dr. Melinda Rho, Ph.D. Clinical Psychologist Email: mrho@northridgepsych.org
Phone: (802) 555-2143

